Diet plays a major role in overall health and wellness, and throughout COVID-19 we’ve seen how it contributes to patients’ recovery. This week on the Healthcare Hub, we focus on the importance of nutrition and the many ways it has been impacted by the pandemic as well as the importance of public and community health.

- **A blog from our editor:** Connie Kohler, MS RDN, CDCES, Registered Dietician/Nutritionist, Certified Diabetes Care and Education Specialist, Clinical Editor, addresses the importance of nutrition when recovering from mild and severe cases of COVID-19.
- **Clinical overview:** View the current COVID-19 clinical overview, updated in October, that includes the latest information about diagnosis, screening, prevention and treatment.
- **Infection prevention in the home:** Share this patient education resource, which provides information on how to prevent the spread of infection by maintaining hygiene and handling food safely.

[Access Community Care resources on the COVID-19 Healthcare Hub](#)
The Elsevier Healthcare Hub provides trusted medical knowledge sourced directly from tools like ClinicalKey and Clinical Skills. Sign up for more access to Elsevier tools and products.

WHAT WE’RE WATCHING AND READING

See the 10 key recommendations for nutrition support for critically ill patients with COVID-19 in this video from the American Society for Parenteral and Enteral Nutrition.

Read this review in Critical Care, Nutrition of the COVID-19 patient in the ICU: a practical guidance, to learn about the importance of integrating early nutritional care management into the overall therapeutic strategy for COVID-19 patients.

This article in Nutrition Reviews, Dietary recommendations during the COVID-19 pandemic, looks at how optimal nutrition might mitigate the risk and morbidity associated with COVID-19.

Discover more interesting reads in the Daily Rounds

LET’S HEAR FROM YOU

What has helped you the most in caring for patients with COVID-19? Have these emails been a useful resource? Tag us on social media and share Elsevier’s Healthcare Hub with your network.

Did a friend forward you the COVID-19 Weekly? Sign up here.

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