



September 2020 - Volume 5

AGING HEALTHY RESOURCES

A News Service of The AIDS Institute

National HIV/AIDS and Aging Awareness Day

September 18, 2020



On September 18, 2008, **National HIV/AIDS and Aging Awareness Day** was launched by The AIDS Institute in an effort to raise awareness due to the alarming increase in the number of older adults becoming infected with HIV as well as those older adults over 50 aging with HIV. The annual NHAAD theme is "Aging is a part of life; HIV doesn't have to be!"

Each year our nation observes National HIV/AIDS and Aging Awareness Day (NHAAD) on September 18th and the national campaign highlights the complex issues related to HIV Prevention, care, and treatment for aging populations in the United States. NHAAD is further recognized by the U.S. Department of health and Human Services, Office of HIV/AIDS and Infectious Disease Policy, and **www.hiv.gov**.

In an effort to continually expand awareness about HIV/AIDS among the aging population, organizations and community members are invited to develop, implement and participate in awareness activities and events on or around September 18th.

Our goals are to emphasize the need for prevention, research and data targeting the aging population and increase medical understanding of the aging process and its impact on HIV/AIDS. Through action, we hope to increase the quality of life for people with HIV (PWH). Through awareness, we hopw to reduce stigma surrounding HIV/AIDS among the aging population.

The AIDS Institute has worked diligently to provide updates to the National HIV/AIDS and Aging Awareness website (**www.NHAAD.org**) as well as items in our annual aging awareness tool kit.

The following webpage: <https://www.nhaad.org/educational-toolkit> includes items that have been updated and are now readily available.

Using some of the most popular social media websites, with over 100 million registered users, including Facebook (and its associated Facebook Messenger), TikTok, WeChat, Instagram, Twitter, Tumblr, and LinkedIn, an **NHAAD Social Media and Outreach Guide** has been developed to assist in your social media, marketing, and promotional efforts for NHAAD.



National HIV/AIDS and Aging Awareness Day Webinar - Health Insurance and Healthcare Access

Thursday, September 17, 2020
3:00-4:00PM (EDT)

In honor of National HIV/AIDS and Aging Awareness Day, The AIDS Institute will present on important health insurance and healthcare access issues that affect older adults at risk for HIV, and those living with HIV. Presenters will cover a myriad of topics including access to health insurance through the individual marketplace, a health insurance policy that impacts patient copay assistance and prescription drugs affordability, updates on copays for PrEP, and benefit protections in Medicare Part D.

This presentation will help patients, providers, and others who are involved in the support and care of older individuals at risk for, and living with HIV, stay up-to-date on health care access matters.

[Register to Attend](#)



Ryan White and HIV/AIDS Aging Awareness Day

The HIV population in the United States is aging. This can be seen as a sign of success as people with HIV are living longer because they are engaged in care and benefiting from effective treatments. Consider these data from the HRSA Ryan White HIV/AIDS Program (RWHAP) fact sheet, **Older Adult Clients: Ryan White HIV/AIDS Program, 2018** (January 2020):

- 46.1% of individuals getting RWHAP care are over 50 years old, similar to the **age demographics of all Americans diagnosed with HIV**
- 91.5% of those aged over 50 are virally suppressed, exceeding the RWHAP average of 87%.

HRSA convened two webinars to review the HIV care and treatment needs of older persons with HIV. **Healthcare Needs of Adults with HIV who are Aging in the RWHAP** reviewed medical and support

service needs and emerging models of care. **Psychosocial and Support Needs for People with HIV who are Aging in the Ryan White HIV/AIDS Program** examined such issues as the impact of isolation and stigma.

For more information on aging and HIV, please visit the TargetHIV website.



September is Sepsis Awareness Month. This year also marks the third anniversary of CDC's **Get Ahead of Sepsis** educational effort.

Each year, at least 1.7 million adults in America develop sepsis, and nearly 270,000 Americans die as a result. Anyone can get an infection, and almost any infection, including COVID-19, can lead to sepsis.

In these unprecedented times, it is vitally important for people to know how to prevent infections that can lead to sepsis and recognize the signs and symptoms of sepsis. This Sepsis Awareness Month, spread the word about sepsis—you may save a life.

Upcoming Events



Physical Function Impairment in Older Adults with HIV: Causes, Consequences, & Interventions

Friday, September 18, 2020
12:30-2:30PM (EDT)

Webinar will consist of a 60min lecture followed by a 45min interactive Q & A/discussion

Topics will Include:

- What is frailty?
- Physical function impairment in PWH
- Body changes
- Exercise interventions
- HIV & Aging Clinics

[Register to Attend](#)



This year's GIA Annual Conference will highlight exciting initiatives and ideas relevant not just to traditional aging funders, but also to those who work on health and mental health; equity and inclusion; children, families, and intergenerational opportunities; mobility and transportation; rural issues; education; employment and economic security; and much more. This bold and expansive perspective on our common work helps us bring an aging lens to more projects, pointing us to new partners and creating a broader philanthropic constituency committed to better ways to responding to an older America.

[Register to Attend](#)



Content from Virtual AiA20 will be presented as live web seminars scheduled throughout 2020 and conveniently recorded for repeat viewing.

Virtual AiA20 sessions will be offered at no charge. Select sessions are also eligible for CE credits.

[To Learn More](#)

Archived Webinars



Research on Aging with HIV

Learn about a newly NIH-funded research project involving the aging community living with HIV.

This webinar focuses on Miami's innovative project of tracking noninfectious health conditions that patients living with HIV experience as they age such as cardiovascular and pulmonary diseases, metabolic and degenerative diseases, such as diabetes and osteoporosis, and mental health issues.

Presented by:

- Dr. Maria Luisa Alcaide
- Dr. Margaret A. Fischl
- Dr. Deborah Jones Weiss

[View Webinar Here](#)

Women with HIV and Aging-Related Challenges

Presented by Dawn Averitt

Founder, The Well Project/Women's Research Initiative on HIV/AIDS (WRI)



[View Webinar Here](#)

Healthcare Needs of Adults with HIV who are Aging in the Ryan White HIV/AIDS Program

Presented by the HIV/AIDS Bureau (HAB)
Health Resources Services Administration (HRSA)



[View Webinar Here](#)



Graying of HIV: Virtual Webinar Series

Please join for a virtual webinar/zoom series provided in collaboration with JHU REACH Initiative and the JHU STD/HIV Prevention Training Center.

Series Description: Older people with HIV, now a chronic disease, represent a growing population in the United States presenting with a unique set of challenges, including a higher prevalence of comorbidities not associated with HIV/AIDS, polypharmacy, HIV stigma, ageism, and lack of social support. This series will provide current updates and discussion on impact of bridging gaps in services, aging policies, implementing aging assessments in HIV clinics, increasing resilience and improving health outcomes.

[View Webinar Here](#)

OTHER AGING RESOURCES

For more information about aging and HIV, visit the resources:

- HIV.gov's **Aging with HIV** page
- AIDSinfo's fact sheet **HIV and Older Adults**
- CDC's fact sheet on **HIV Among People Aged 50 and Older**
- NIH's National Institute on Aging's overview of **Aging with HIV**
- Association for Nurses in AIDS Care (ANAC) **Aging Toolkit**
- **Centers for Disease Control and Prevention (CDC) Surveillance Report**
- NIH's **AIDSOURCE**
- **National Resource Center for HIV and Aging**
- **The Body's Resource Center of HIV and Aging**

For information on aging and COVID-19, visit the following resources:

- National Council on Aging's **COVID-19 Resources for Older Adults and Caregivers**
- Johns Hopkins Magazine's **The impact of COVID-19 on older adults**
- **HIV + Aging Research Project**